



















WHAT'S GOING ON TODAY?















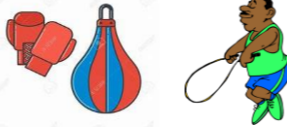





SENIOR SESSION - MONDAY

DATE:

3/4/2019

	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-10PM
CLIMBING WALL		OPEN CLIMB, BOULDERING AND NICAS TRAINING	OPEN CLIMB, BOULDERING AND NICAS TRAINING	OPEN CLIMB, BOULDERING AND NICAS TRAINING	OPEN CLIMB, BOULDERING AND NICAS TRAINING
KIM					CLOSES AT 8:30PM
SPORTS HALL	4PM-5PM	5PM-6:30PM	6:30PM-7:30PM	7:30PM-8PM	8PM-10PM
KIERAN	MULTI SPORTS	MULTI SPORTS & BADMINTON	TEAM GAME YP CHOICE	YP CHOICE	BASKETBALL
MUGA	4PM-5PM	5PM-6:30PM	6:30PM-7:30PM	7:30PM-8PM	8PM-10PM
KURRAN	OPEN MUGA	OPEN MUGA	FOOTBALL TOURMANET	FOOTBALL TOURMANET	OPEN MUGA
BOXING	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-10PM
JOHN			BOXING FITNESS	BAGS AND PARTNER WORK	BAGS AND PARTNER WORK
	BOXING OPEN ON REQUEST	BOXING OPEN ON REQUEST			CLOSES AT 9PM
GYM	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-10PM
CLINTON	INDUCTIONS	OPEN GYM	OPEN GYM		

	WHAT'S GOING ON TODAY?					
	JUNIOR SESSION - TUESDAY				DATE:	3/5/2019
	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-8:45PM	
CLIMBING WALL	OPEN ROPES AND AUTOS	OPEN ROPES AND AUTOS	NICAS TRAINING	OPEN CLIMBING, BOULDERING AND TRAVERSING	OPEN CLIMB, BOULDERING AND NICAS TRAINING	
KIM & MARTIN	OPENS AT 4:30PM					
SPORTS HALL	4PM-5PM	5PM-6:30PM	6:30PM-7:30PM	7:30PM-8PM	8PM-8:45PM	
KURRAN & HANNAH	BADMINTON	SERVES TENNIS	MADNESS AND MAYHEM!	YP CHOICE	BASKETBALL	
						
MUGA	4PM-5PM	5PM-6:30PM	6:30PM-7:30PM	7PM-8PM	8PM-8:45PM	
JOEL & WOLVES	OPEN MUGA	TRAINING SESSION	FOOTBALL MATCHES	GIRLS ONLY SESSION	OPEN MUGA	
						
BOXING	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-8:45PM	
JOHN & DES			BAGS AND PADS	PARTNER WORK	OPEN BOXING	
	BOXING OPEN ON REQUEST	BOXING OPEN ON REQUEST			CLOSES AT 8:45PM	
GYM	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-9PM	
HARUN		INDUCTIONS	GYM CHALLENGES	CHALLENGE THE STAFF		
						

	WHAT'S GOING ON TODAY?					
	SENIOR SESSION - WEDNESDAY				DATE:	3/6/2019
	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-10PM	
CLIMBING WALL	OPEN CLIMB, BOULDERING AND NICAS TRAINING	OPEN CLIMB, BOULDERING AND NICAS TRAINING	OPEN CLIMB	OPEN CLIMB	OPEN CLIMB, BOULDERING AND NICAS TRAINING	
KIM & MARTIN	OPENS AT 4:30PM				CLOSES AT 8:30PM	
SPORTS HALL	4PM-5PM	5PM-6PM	6:30PM-7:30PM	7:30PM-8PM	8PM-10PM	
JOSH & JESS	MEMBERS CHOICE	SERVES TENNIS	MADNESS & MAYHEM TEAM GAMES	BADMINTON & MULTI SPORTS	BASKETBALL	
						
MUGA	4PM-5PM	5PM-6:30PM	6:30PM-7:30PM	7:30PM-8PM	8PM-10PM	
CLAYTON & WOLVES	OPEN MUGA	OPEN MUGA	FOOTBALL TOURMANET	FOOTBALL TOURMANET	OPEN MUGA	
						
BOXING	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-10PM	
JOHN			BOXING FITNESS	BAGS AND PARTNER WORK	BAGS AND PARTNER WORK	
	BOXING OPEN ON REQUEST	BOXING OPEN ON REQUEST			CLOSES AT 9PM	
GYM	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-10PM	
JAZZI P		INDUCTIONS	OPEN GYM	OPEN GYM	OPEN GYM	
						



WHAT'S GOING ON TODAY?

JUNIOR SESSION - THURSDAY

DATE:

3/7/2019

4PM-5PM

5PM-6PM

6PM-7PM

7PM-8PM

8PM-8:30PM

CLIMBING WALL

OPEN CLIMB, BOULDERING & TRAVERSING

OPEN CLIMB, BOULDERING & TRAVERSING

OPEN CLIMB, BOULDERING & TRAVERSING

OPEN CLIMB, BOULDERING & TRAVERSING

OPEN CLIMB, BOULDERING & TRAVERSING

ANNA & BETH

OPENS AT 4:30PM



SPORTS HALL

4PM-5PM

5PM-6:30PM

6:30PM-8:00PM

8PM-8:45PM

ANNAN & WOLVES

MULTI SPORTS

CHANCE TO SHINE CRICKET

BASKETBALL

WOLVES (UNTIL 5:30)

CHANCE TO SHINE CRICKET (6:30PM-8PM)



MUGA

4PM-5PM

5PM-6:30PM

6:30PM-7:30PM

7:30PM-8:15PM

8:15PM-8:45PM

OPEN MUGA

OPEN MUGA

FOOTBALL TOURNAMENT

GIRLS ONLY SESSION

OPEN MUGA

KURRAN & SAM



BOXING

4PM-5PM

5PM-6PM

6PM-7PM

7PM-8PM

8PM-8:45PM

JOHN & DES

BOXING OPEN ON REQUEST

BOXING OPEN ON REQUEST



CLOSES AT 8:45PM

GYM

4PM-5PM

5PM-6PM

6PM-7PM

7PM-8PM

8PM-9PM


















HARUN

INDUCTIONS

GYM CHALLENGES

CHALLENGE THE STAFF



	WHAT'S GOING ON TODAY?					
	SENIOR SESSION - FRIDAY				DATE:	3/8/2019
	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-10PM	
CLIMBING WALL	OPEN CLIMB, BOULDERING AND NICAS TRAINING	OPEN CLIMB, BOULDERING AND NICAS TRAINING	OPEN CLIMB, BOULDERING AND NICAS TRAINING	OPEN CLIMB, BOULDERING AND NICAS TRAINING	OPEN CLIMB, BOULDERING AND NICAS TRAINING	
KIM & MARTIN	OPENS AT 4:30PM				CLOSES AT 8:30PM	
SPORTS HALL	4PM-5PM	5PM-6PM	6:30PM-7:30PM	7:30PM-8PM	8PM-10PM	
JOSH & JESS	RACKET SPORTS		DODGEBALL	ROUNDERS/SOFTBALL	BASKETBALL	
						
MUGA	4PM-5PM	5PM-6:30PM	6:30PM-7:30PM	7:30PM-8PM	8PM-10PM	
CLAYTON	OPEN MUGA	OPEN MUGA	FOOTBALL MATCHES	FOOTBALL MATCHES	OPEN MUGA	
						
BOXING	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-10PM	
JOHN						
GYM	4PM-5PM	5PM-6PM	6PM-7PM	7PM-8PM	8PM-10PM	
CLINTON	INDUCTIONS	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
					CLOSES AT 9PM	



WHAT'S GOING ON TODAY?

JUNIOR SESSION - SATURDAY

DATE:

3/9/2019

	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	
CLIMBING WALL	OPEN CLIMB, BOULDERING & TRAVERSING	OPEN CLIMB, BOULDERING & TRAVERSING	OPEN CLIMB, BOULDERING & TRAVERSING	OPEN CLIMB, BOULDERING & TRAVERSING	
BETH	OPENS AT 4:30PM				
SPORTS HALL	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	
KURRAN	MULTI SPORTS		BADMINTON & TENNIS	BASKETBALL	
					
MUGA	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	
JOEL & CLAYTON	OPEN MUGA	OPEN MUGA	OPEN MUGA	OPEN MUGA	
					
BOXING	10AM-11AM	11AM-12PM	12PM-1PM	1PM-2PM	
GYM	10AM-11AM	11:30-12PM	12PM-1PM	1PM-2PM	
CLINTON		INDUCTIONS	OPEN GYM	OPEN GYM	
					



WHAT'S GOING ON TODAY?

JUNIOR SESSION - SATURDAY

DATE:

3/9/2019

4PM-5PM

5PM-6PM

6PM-7PM

7PM-8PM

8PM-10PM

CLIMBING WALL

SPORTS HALL

4PM-5PM

5PM-6PM

6:30PM-7:30PM

7:30PM-8PM

8PM-10PM

BADMINTON & MEMBERS CHOICE

MEMBERS CHOICE

MEMBERS CHOICE

BASKETBALL

JESS



MUGA

4PM-5PM

5PM-6:30PM

6:30PM-7:30PM

7:30PM-8PM

8PM-10PM

OPEN MUGA

OPEN MUGA

OPEN MUGA

OPEN MUGA

OPEN MUGA



BOXING

4PM-5PM

5PM-6PM

6PM-7PM

7PM-8PM

8PM-10PM

BOXING FITNESS

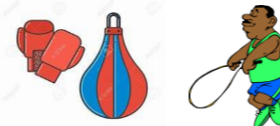
BAGS AND PARTNER WORK

BAGS AND PARTNER WORK

JOHN

BOXING OPEN ON REQUEST

BOXING OPEN ON REQUEST



CLOSES AT 9PM

GYM

4PM-5PM

5PM-6PM

6PM-7PM

7PM-8PM

8PM-10PM

INDUCTIONS

OPEN GYM

OPEN GYM

OPEN GYM

CLINTON



CLOSES AT 9PM

	WHAT'S GOING ON TODAY?				
	FAMILY SESSION - SUNDAY			DATE:	3/10/2019
	12PM-1PM	1PM-2PM	2PM-3PM		
CLIMBING WALL	OPEN CLIMB				
ANNA, BETH & MARTIN					
SPORTS HALL	12PM-1PM	1PM-2PM	2PM-3PM		
KIERAN	FAMILY SPORTS				
MUGA	12PM-1PM	1PM-2PM	2PM-3PM		
HARUN & KURRAN	OPEN FOOTBALL SESSIONS				
BOXING					
GYM					
CLINTON					



WHAT'S GOING ON TODAY?

SENIOR SESSION - SUNDAY

DATE:

3/10/2019

4PM-5PM

5PM-6PM

6PM-7PM

7PM-8PM

8PM-9PM

CLIMBING WALL

SPORTS HALL

4PM-5PM

5PM-6PM

6:30PM-7:30PM

7:30PM-8PM

8PM-9PM

MEMBERS CHOICE

MEMBERS CHOICE

MEMBERS CHOICE

BASKETBALL

KIERAN



MUGA

4PM-5PM

5PM-6:30PM

6:30PM-7:30PM

7:30PM-8PM

8PM-9PM

OPEN MUGA

OPEN MUGA

OPEN MUGA

OPEN MUGA

OPEN MUGA

SAM



BOXING

4PM-5PM

5PM-6PM

6PM-7PM

7PM-8PM

8PM-9PM

GYM

4PM-5PM

5PM-6PM

6PM-7PM

7PM-8PM

8PM-10PM

INDUCTIONS

OPEN GYM

OPEN GYM

OPEN GYM

CLINTON



CLOSES AT 9PM