











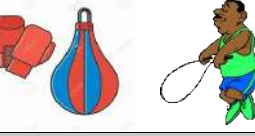





































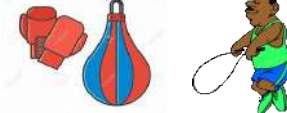



	What's going on today?				
	Senior Session - Monday				Date: 22/04/2019
	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
Climbing Wall		Open Climb, Bouldering and Nicas Training	Open Climb, Bouldering and Nicas Training	Open Climb, Bouldering and Nicas Training	Open Climb, Bouldering and Nicas Training
Kim & Jodie (At 6pm)					Closes at 8:30pm
Sports Hall	4pm-5pm	5pm-6:30pm	6:30pm-7:30pm	7:30pm-8pm	8pm-10pm
Kieran	Multi Sports	Multi Sports & Badminton	Team Game YP Choice	Netball	Basketball
					
MUGA	4pm-5pm	5pm-6:30pm	6:30pm-7:30pm	7:30pm-8pm	8pm-10pm
Clayton	Open MUGA	Open MUGA	Football Tourmanet	Football Tourmanet	Open MUGA
					
Boxing	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
John			Boxing Fitness	Bags and Partner Work	Bags and Partner Work
					Closes at 9pm
Gym	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
Clinton	Inductions	Open Gym	Open Gym		
					

	What's going on today?				
	Junior Session - Tuesday				Date: 23/04/2019
	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-8:45pm
Climbing Wall	Open Ropes and Autos	Open Ropes and Autos	Nicas Training	Open Climbing, Bouldering and Traversing	Open Climb, Bouldering and Nicas Training
Kim & Martin	Opens at 4:30pm				
Sports Hall	4pm-5pm	5pm-6:30pm	6:30pm-7:30pm	7:30pm-8pm	8pm-8:45pm
Kurran & Hannah	Badminton	Serves Tennis	Madness and Mayhem!	Hockey	Basketball
					
MUGA	4pm-5pm	5pm-6:30pm	6:30pm-7:30pm	7pm-8pm	8pm-8:45pm
Joel & Wolves	Open MUGA	Training Session	Football Matches	Girls Only Session	Open MUGA
					
Boxing	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-8:45pm
John & Des			Bags and Pads	Partner Work	Open Boxing
					Closes at 8:45pm
Gym	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-9pm
Jazzi P			 Inductions 		

	What's going on today?				
	Senior Session - Wednesday				Date: 24/04/2019
	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
Climbing Wall	Open Climb, Bouldering and Nicas Training	Open Climb, Bouldering and Nicas Training	Open Climb	Open Climb	Open Climb, Bouldering and Nicas Training
Kim & Martin	Opens at 4:30PM				Closes at 8:30pm
Sports Hall	4pm-5pm	5pm-6pm	6:30pm-7:30pm	7:30pm-8pm	8pm-10pm
Josh & Jess	Members Choice	Serves Tennis	Madness & Mayhem Team games	Badminton & Multi Sports	Basketball
					
MUGA	4pm-5pm	5pm-6:30pm	6:30pm-7:30pm	7:30pm-8pm	8pm-10pm
Clayton & Wolves	Open MUGA	Open MUGA	Football Tourmanet	Football Tourmanet	Open MUGA
					
Boxing	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
John				Boxing Fitness	Bags and Partner Work
					
Gym	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
Jazzi P				Inductions	Open Gym
					






















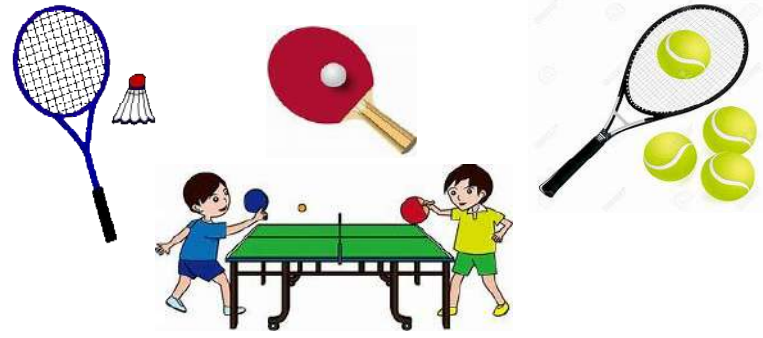







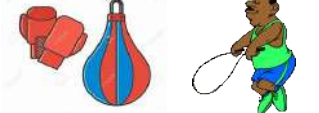





What's going on today?

Junior Session - Thursday

Date:

25/04/2019

	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-8:30pm
Climbing Wall	Open Climb, Bouldering & Traversing	Open Climb, Bouldering & Traversing	Open Climb, Bouldering & Traversing	Open Climb, Bouldering & Traversing	Open Climb, Bouldering & Traversing
Anna & Beth	Opens at 4:30pm				
Sports Hall	4pm-5pm	5pm-6:30pm	6:30PM-8:00PM		8pm-8:45pm
Wolves Until 5:30pm	Multi Sports		Chance To Shine Cricket		Basketball
Chance to shine Cricket (6:3pm-8pm)					
Hannah					
MUGA	4pm-5pm	5pm-6:30pm	6:30pm-7:30pm	7:30pm-8:15pm	8:15pm-8:45pm
Kurran & Sam	Open MUGA	Open MUGA	Football Tournament	Girls Only Session	Open MUGA
					
Boxing	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-8:45pm
John & Des			Open Boxing	Bags & Pads	Open Boxing
					Closes at 8:45pm
Gym	4pm-5pm	5:15pm-6pm	6pm-7pm	7pm-8pm	8pm-8:30pm
Jazzi P & Harun (at 6pm)			Gym Challenges		
	Inductions				

	What's going on today?				
	Senior Session - Friday				Date: 26/04/2019
	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
Climbing Wall	Open Climb, Bouldering and Nicas Training	Open Climb, Bouldering and Nicas Training	Open Climb, Bouldering and Nicas Training	Open Climb, Bouldering and Nicas Training	Open Climb, Bouldering and Nicas Training
Kim	Opens at 4:30PM				Closes at 8:30pm
Sports Hall	4pm-5pm	5pm-6pm	6:00pm-7:30pm		8pm-10pm
Josh & Jess (Until 7pm) Kieran (From 7pm)	Racket Sports		Chance to shine Cricket		Basketball
					
MUGA	4pm-5pm	5pm-6:30pm	6:30pm-7:30pm	7:30pm-8pm	8pm-10pm
Clayton	Open MUGA	Open MUGA	Football Matches	Football Matches	Open MUGA
					
Boxing	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
John			Boxing Fitness	Bags and Partner Work	Bags and Partner Work
					Closes at 9pm
Gym	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
Clinton	Inductions	Open Gym	Open Gym	Open Gym	Open Gym
					Closes At 9pm



What's going on today?

Junior Session - Saturday

Date:

27/04/2019

	10am-11am	11am-12pm	12pm-1pm	1pm-2pm	
Climbing Wall					
Sports Hall	10am-11am	11am-12pm	12pm-1pm	1pm-2pm	
Hannah	Multi Sports		Badminton & Tennis	Basketball	
MUGA	10am-11am	11am-12pm	12pm-1pm	1pm-2pm	
Joel & Clayton	Open MUGA	Open MUGA	Open MUGA	Open MUGA	
Boxing	10am-11am	11am-12pm	12pm-1pm	1pm-2pm	
Gym	10am-11am	11:30-12pm	12:30pm-1pm	1pm-2pm	
Clinton			Open Gym	Open Gym	













What's going on today?

Junior Session - Saturday

Date:

27/04/2019

	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-9pm
Climbing Wall			Open Climb	Open Climb	Open Climb
Martin					
Sports Hall	4pm-5pm	5pm-6pm	6:30pm-7:30pm	7:30pm-8pm	8pm-10pm
	Badminton & Members Choice		Members Choice	Members Choice	Basketball
MUGA	4pm-5pm	5pm-6:30pm	6:30pm-7:30pm	7:30pm-8pm	8pm-10pm
Clayton (From 5pm)		Open MUGA	Open MUGA	Open MUGA	Open MUGA
Boxing	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
John					
Gym	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
Clinton		Inductions	Open Gym	Open Gym	Open Gym
					Closes At 9pm

	What's going on today?				
	Family Session - Sunday			Date:	28/04/2019
	12pm-3pm				
Climbing Wall					
Anna & Jodie					
Sports Hall	12pm-3pm				
Kieran					
MUGA	12pm-3pm				
Kurran					
Boxing					
Gym					
Clinton					



What's going on today?

Senior Session - Sunday

Date:

28/04/2019

	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-9pm
Climbing Wall			Open Climb	Open Climb	Open Climb
Martin					
Sports Hall	4pm-5pm	5pm-6pm	6pm-7:30pm	7pm-9pm	
Kieran	Members Choice	Members Choice	Wheelchair Basketball	Members Choice	Basketball
MUGA	4pm-5pm	5pm-6:30pm	6:30pm-7:30pm	7:30pm-8pm	8pm-9pm
Sam	Open MUGA	Open MUGA	Open MUGA	Open MUGA	Open MUGA
Boxing	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-9pm
Gym	4pm-5pm	5pm-6pm	6pm-7pm	7pm-8pm	8pm-10pm
Clinton		Inductions	Open Gym	Open Gym	Open Gym
					Closes At 9pm